

Southeastern Chapter of the American Music Therapy Association - Regional Conference 2023

Event Schedule

Thu, Mar 23, 2023

9:00 AM

BoD Meeting 1

🕒 9:00 AM - 12:00 PM, Mar 23

📍 Andrews

CMTE A: Getting the World to Understand Music Therapy: Changing What We Think, Say, and Do to Redefine Advocacy

🕒 9:00 AM - 12:00 PM, Mar 23

📍 Ochs

Advocacy: Broadly defined, but narrowly examined. Personal, but often unapproachable. Music therapists are unified in wanting the world to understand our work and respect our profession, but do we know how to advocate to achieve our unified goals? As canned advocacy speeches can cause burn-out, we will focus on approaching advocacy through the lens of the therapeutic framework making advocacy individualized, approachable, and familiar. Furthermore, we will explore what advocacy looks like both in and outside of the session. Participants will learn and apply the new framework to organizations they serve and collaborate in groups to workshop and empower one another to communicate the value of music therapy every session, every day.

🗨️ Speakers



Kelsey Lownds, MM, MT-BC



Stephanie Johnson, MT-BC

CMTE B: Understanding Ethics and Developing Practical/Moral Wisdom

🕒 9:00 AM - 12:00 PM, Mar 23

📍 Kelley

Presenters will provide review types of ethics and the specifics of aspirational ethics and the implications for music therapy clinical practice. The role of practical wisdom, personal values, and moral perception in ethical decision-making will be explored. The importance of the AMTA Code of Ethics as a guide to ethical decision-making will be practiced.

🗨️ Speakers



Carol Shultis, PhD, MT-BC



Cheryl Stephenson, MM, MT-BC



Adrienne C. Steiner-Brett, PhD, MT-BC

CMTE C Part 1: THE UOFL MUSIC THERAPY CLINIC PRESENTS: INTRO TO ELECTRIC GUITAR: CULTURAL, & THERAPEUTIC SIGNIFICANCE

🕒 9:00 AM - 12:00 PM, Mar 23

📍 Rose

The Electric Guitar has been ubiquitous in Western music since the 1930s but is rarely used in therapeutic applications. This CMTE will introduce clinicians with a ground-up approach to the electric guitar with basic techniques, explore clinical applications, and case studies. Electric guitars will be available to participants.

🗣️ Speakers



Chris Millett, MM, MT-BC



Andrew Chapman, MT-BC

12:00 PM

LUNCH

🕒 12:00 PM - 2:00 PM, Mar 23

2:00 PM

Opening Session

🕒 2:00 PM - 3:00 PM, Mar 23

📍 Ballroom

3:15 PM

The UofL MT Clinic Presents: Thinking INSIDE THE BOX: Applications of Digital Audio Workstations in music therapy

🕒 3:15 PM - 4:15 PM, Mar 23

📍 Amphitheater

Though music therapists likely have access to a variety of Digital Audio Workstations (e.g. GarageBand, etc.), there is still hesitance to incorporating the technologies in the therapy process. This presentation aims to increase the competence and confidence of music therapists to begin using DAWs for a range of therapeutic applications.

🗣️ Speakers



Chris Millett, MM, MT-BC



Andrew Chapman, MT-BC

Burnout and COVID-19 in Collegiate-Level Music Therapy Students

🕒 3:15 PM - 4:15 PM, Mar 23

📍 Ochs

COVID-19 has impacted everyone across the world, but had specific, and unique, impacts on students. This presentation will discuss the presenter's master's thesis on burnout in music therapy undergraduate students across the United States, and how COVID-19 and various demographic factors have impacted burnout levels.

🗣 Speaker



Caroline Miller, MMT, LPMT, MT-BC

Trembling Troubadours: Preserving the Voice and Bringing Awareness to Parkinson's Disease One Note at a Time

🕒 3:15 PM - 4:15 PM, Mar 23

📍 Rose

Trembling Troubadours is a therapeutic choir for those living with Parkinson's disease & their caregivers. The presentation will explore therapeutic outcomes, evidence-based music therapy interventions utilized, strategies to increase access & funding for music therapy, along with cultivating an inclusive environment in the treatment of PD.

🗣 Speakers



Katherine Goforth Elverd, MM, LPMT, MT-BC



Kathy Wilmoth Goforth ABD

Getting the World to Understand Music Therapy: Changing What We Think, Say, and Do to Redefine Advocacy

🕒 3:15 PM - 4:15 PM, Mar 23

📍 Kelley

Music therapists are unified, wanting the world to understand our work, but do we know how to advocate to achieve our unified goal? Canned advocacy speeches can cause burn-out, so this presentation focuses on approaching advocacy through a different lens making advocacy individualized, approachable, and familiar.

🗣 Speakers



Kelsey Lownds, MM, MT-BC



Stephanie Johnson, MT-BC

Exploring Growing Pains of Collaborative Grant Funded Work in a Private Practice

🕒 3:15 PM - 4:15 PM, Mar 23

📍 Walker

The workshop will explore previous grant funded programs at a suburban private practice. Participants will explore benefits & challenges of increasing access to music therapy and music programming services for individuals and groups of various ages and abilities. Different perspectives will be shared from the clinical director as well as one of the music therapists who have implemented the programs.

🗣️ Speakers



Melissa Reinhardt, MEd, MT-BC, Neurologic Music Therapist



Gretchen Chardos Benner, MSW, MT-BC

4:30 PM

General Business Meeting 1

🕒 4:30 PM - 6:00 PM, Mar 23

📍 Ballroom

Student Business Meeting 1

🕒 4:30 PM - 6:00 PM, Mar 23

📍 Walker

6:00 PM

Student Passages 1

🕒 6:00 PM - 8:00 PM, Mar 23

📍 Walker

CMTE C Part 2: THE UOFL MUSIC THERAPY CLINIC PRESENTS: INTRO TO ELECTRIC GUITAR: CULTURAL, & THERAPEUTIC SIGNIFICANCE

🕒 6:00 PM - 9:00 PM, Mar 23

📍 Rose

The Electric Guitar has been ubiquitous in Western music since the 1930s but is rarely used in therapeutic applications. This CMTE will introduce clinicians with a ground-up approach to the electric guitar with basic techniques, explore clinical applications, and case studies. Electric guitars will be available to participants.

🗣️ Speakers



Chris Millett, MM, MT-BC



Andrew Chapman, MT-BC

CMTE E: Collaborations in Music Therapy & Occupational Therapy: Multi-modal Interventions with Mental Health Populations

🕒 6:00 PM - 9:00 PM, Mar 23

📍 Ochs

In this course, we will highlight the allied partnership between Occupational Therapists and Music Therapists working in mental health care. This course will examine the way we can benefit from shared goal work, utilizing integrative and multi-modal approaches including art and music, and sharing information to better inform your practice with allied professions.

🗣️ Speakers



Channing Shippen, MA, MT-BC



Nikki Beatrice, MS, OTR/L

Fri, Mar 24, 2023

9:00 AM

Sensory-Focused Expressive Arts Therapies for Adults with Disabilities

🕒 9:00 AM - 10:00 AM, Mar 24

📍 Amphitheater

Participants will identify sensory processing needs for the disability community, gain an understanding of how various art forms used in expressive arts therapy can work together to address those sensory needs, and learn ways to adapt arts experiences for autonomy, body awareness, and as a healthy outlet for expression.

🗣️ Speaker



Carlyn Waller-Wicks, MMT, MT-BC, REAT

Songs Without Words: Therapeutic applications of counseling techniques in nonspeaking settings

🕒 9:00 AM - 10:00 AM, Mar 24

📍 Ochs

Interpretation of nonverbal communication is essential in music therapy sessions, especially in settings where therapeutic processing occurs without dialogue. This presentation includes case examples with discussion of clinical decisions made. Connections to counseling approaches and supervision resources will be highlighted. This presentation will explore the “why” in clinical decision making.

🗣️ Speakers



Katelyn Beebe, MMT, MT-BC



Angela Eck, MT-BC

What Did I Get Myself Into?: A Discussion About the Needs of Students and New Professionals

🕒 9:00 AM - 10:00 AM, Mar 24

📍 Walker

Music therapy is a rapidly evolving field. After the COVID-19 pandemic, it looks vastly different than it did even five years ago. This session will discuss the current needs of students and new professionals based on past personal experiences, wisdom from seasoned music therapists, and relevant research.

🗨️ Speakers



Carlee Durden, LPMT, MT-BC



Kevin Middlebrooks, LPMT, MT-BC



Shannon O'Donnell, LPMT, MT-BC



Shreya Visvanathan, LPMT, MT-BC

Show Me the Money: Lessons Learned from School-Based Grant Funded Research

🕒 9:00 AM - 10:00 AM, Mar 24

📍 Kelley

Music therapy and early education faculty worked with a music therapist to implement a study regarding the effect of music therapy on the executive functioning of preschoolers. We will discuss the process of developing a research project, procuring grant funding, and implementing the study; study results will be discussed.

🗨️ Speakers



Ellary Draper, PhD, MT-BC



Andrea Cevasco-Trotter, PhD, MT-BC

10:15 AM

Fostering Identity and Independence: The Commonalities Between Pediatrics and Geriatrics in the Medical Setting

🕒 10:15 AM - 11:15 AM, Mar 24

📍 Ochs

This presentation will investigate similarities in brain development, language development, skill acquisition, and psychosocial stressors that exist within Pediatric and Geriatric populations after adverse medical events. Special interest will be given to discussing the needs of each age group in scaffolding therapeutic experiences to meet developmental and skill re-acquisition goals.

🗨️ Speaker



Lizzie Digiovanni, MT-BC

Tackling the AMTA Application for Approval of New Baccalaureate & Equivalency Programs in Music Therapy

🕒 10:15 AM - 11:15 AM, Mar 24

📍 Kelley

Ever wondered what it takes to start an academic program? Come to this presentation where you will hear directly from the team who established the undergraduate music therapy program at The University of Tennessee at Chattanooga. The presentation will include a detailed overview of the AMTA Academic Program Proposal.

🗨️ Speakers



Katherine Goforth Elverd, MM, LPMT, MT-BC



Stuart Benkert, Ph.D.



Lee Harris, Ph.D.

Emotion Regulation: A Practical What, Why, and How Guide for Music Therapists

🕒 10:15 AM - 11:15 AM, Mar 24

📍 Amphitheater

Emotion regulation (ER) is foundational for mental health. Further, music therapists commonly work with people who may be struggling to cope with difficult emotions. In this presentation we will explore ER processes, including relevant supporting skills, and will examine how to support healthy ER in clinical music therapy practice.

🗨️ Speaker



Kimberly Sena Moore, PhD, MT-BC

TECH NOOK Presents: Understanding Music Technology in Post-Pandemic Practice

🕒 10:15 AM - 11:15 AM, Mar 24

📍 Walker

A roundtable delving into current technology education within the field of music therapy. Music therapists will hear how technology has been and is currently taught in music therapy and envision how education and supervision could evolve to afford greater understanding and support implementation of technology with those we serve.

🗨️ Speakers



Gabrielle Banzon, MA, LPMT, MT-BC



Chris Millett, MM, MT-BC



Robert Stewart, PhD, LPMT, MT-BC, NICU-MT



Andrew Chapman, MT-BC

Create Your Space: Combatting Burnout Before it Starts

🕒 10:15 AM - 11:15 AM, Mar 24

📍 Rose

Though music therapy is a field of passion, the potential for burnout (and its physical, mental, and emotional tolls) is still there and must be faced. This presentation will focus on ways to create space for yourself both in and outside the workplace to prevent and/or ameliorate burnout.

🗣️ **Speaker**



Molly Austin, MM, MT-BC

11:30 AM

Research Poster Presentations

🕒 11:30 AM - 12:30 PM, Mar 24

📍 Ballroom Foyer South

12:00 PM

Luncheon

🕒 12:00 PM - 2:00 PM, Mar 24

📍 Ballroom

1:00 PM

State of the Association Town Hall

🕒 1:00 PM - 2:00 PM, Mar 24

📍 Ballroom

2:15 PM

Internship Q&A for Future Interns

🕒 2:15 PM - 3:15 PM, Mar 24

📍 Amphitheater

Educators Roundtable

🕒 2:15 PM - 3:15 PM, Mar 24

📍 Rose

Business Owners Roundtable

🕒 2:15 PM - 3:15 PM, Mar 24

📍 Ochs

Committee Meetings

🕒 2:15 PM - 3:15 PM, Mar 24

📍 Various: Check with your committee chair

3:30 PM

Extra! Extra! Read All About It: Activities for Incorporating Children's Literature in Music Therapy

🕒 3:30 PM - 4:30 PM, Mar 24

📍 Rose

What happens when you meld a child's love of music with their love of children's literature? Fun! Engagement! Improved literacy skills! In this session we will share a wide variety of children's book titles and how these books can be used in music therapy groups. Come ready to learn and walk away with great ideas about how you can incorporate more children's literature into your practice.

🗣️ Speakers



Kirby Carruth, MMT, LPMT, MT-BC



Rachel Coon-Arnott, MMT, LPMT, MT-BC



Amber Weldon-Stephens, EdS, LPMT, MT-BC

The Experience of Students in Course-based Undergraduate Research Experience (CURE)

🕒 3:30 PM - 4:30 PM, Mar 24

📍 Kelley

This presentation will share the experiences of a group of seniors taking part in a Course-based Undergraduate Research Experience (CURE), exploring the approach, the process and the product. Student and faculty experiences will be shared regarding the process and the outcomes.

🗣️ Speakers



Virginia Driscoll, PhD, MT-BC



Zachary Palma



Katja Beebe



Raegan Knox



Rachel Vaughn

Private Practice: One Size Does Not Fit All

🕒 3:30 PM - 4:30 PM, Mar 24

📍 Ochs

Music therapy private practice is not one size fits all and the service model of each individual company can depend on many factors. The purpose of this presentation is to provide information on the different models of private practice, the issues private practice owners face, and tips on creating or expanding a private practice.

🗣️ Speakers



Nina Stecker, MT-BC



Jessica DeKleva, MM, LPMT, MT-BC



Stephany Nystrand, MM, MT-BC

Heavy metal music for music therapists: Style, genre, and technique

🕒 3:30 PM - 4:30 PM, Mar 24

📍 Amphitheater

This session theorizes heavy metal music as style and genre, identifies heavy metal songs suitable for clinical settings, and provides instruction of basic heavy metal guitar techniques.

Participants will improve functional guitar skills, increase their repertoire, and gain greater insight into client's musical experiences. (CBMT Domain III.A.5.f(2), i, hh)

🗣️ Speaker



Jon Fessenden, Ph.D., MT-BC

Music Therapy in K-12 Schools: An analysis of music therapists' involvement and collaboration with IEP teams

🕒 3:30 PM - 4:30 PM, Mar 24

📍 Walker

Many music therapists practice in K-12 schools, but minimal research exists to explore their experiences. Music therapy is a related service under IDEA, but at what rate are music therapists involved with IEPs? This presentation shares findings from a national survey investigating music therapists' involvement and collaboration with IEP teams.

🗣️ Speaker



Casey Ziegler, MM, LPMT, MT-BC

4:45 PM

General Business Meeting 2

🕒 4:45 PM - 6:00 PM, Mar 24

📍 Ballroom

Student Business Meeting 2

🕒 4:45 PM - 6:00 PM, Mar 24

📍 Walker

6:00 PM

CMTE D: ...And All That Jazz

🕒 6:00 PM - 9:00 PM, Mar 24

📍 Rose

This session is intended to develop Jazz improvisation skills on the guitar for both rhythm and lead playing. It will cover harmony and chordal theory of Jazz music (such as ii-V-I progressions in guitar-friendly keys). Also covered in detail will be specific "jazz" fingerings for first position, barre, and accompaniment (comp) chords as well as various right-hand techniques stylistic to the genre as well as a variety of scales that could be used. The session concludes by allowing the opportunity for participants to practice improvising solos and discussion of techniques they used.

🗣️ **Speaker**



Robert Stewart, PhD, LPMT, MT-BC, NICU-MT

CMTE F: Where Do We Start? Ethically Growing Your Private Practice

🕒 6:00 PM - 9:00 PM, Mar 24

📍 Ochs

As practitioners, we have all felt the worry of expanding our private practices. We want to develop an ethically based plan of action to better navigate boundaries. These include setting standard rates to avoid "shopping around", advocating for music therapy in communities, and creating sustainable standards in the field.

🗣️ **Speakers**



Gretchen Chardos Benner, MSW, MT-BC



Jessica Alberto, MT-BC



Jennifer Gossett, MT-BC



Yasmine White, MT-BC

CMTE G: Musical Attention Control Training in an Adolescent Psychiatric Facility

🕒 6:00 PM - 9:00 PM, Mar 24

📍 Kelley

The Neurologic Music Therapy technique Musical Attention Control Training may be used in the psychiatric setting to help individuals improve and use selective attention skills to help with internal and external conflicts that may cause reactive exogenous outcomes leading to harm of others or self-harm.

🗣️ **Speaker**



Christopher Karow, MM, MT-BC

CMTE H: Arts-Based Inquiry and Therapeutic Presence: Enhancing Clinician Research

🕒 6:00 PM - 9:00 PM, Mar 24

📍 Amphitheater

If music is our primary means of engaging clients in the therapeutic process, why couldn't it be our primary means of engaging in the research process? This interactive course will offer opportunities to explore arts-based inquiry through the context of therapeutic presence, as we experience our presence in multiple contexts.

🗣️ Speaker



Liz Eggerding, MS, MT-BC

Student Passages 2

🕒 6:00 PM - 8:00 PM, Mar 24

📍 Walker

Sat, Mar 25, 2023

7:00 AM

TN State Advocacy Breakfast - Invite Only

🕒 7:00 AM - 9:00 AM, Mar 25

📍 Walker

Breakfast (provided by conference)

🕒 7:00 AM - 9:00 AM, Mar 25

📍 Ballroom

8:00 AM

State Presidents Meeting

🕒 8:00 AM - 9:00 AM, Mar 25

📍 Ochs

Clinical Training Roundtable

🕒 8:00 AM - 9:00 AM, Mar 25

📍 Kelley

9:00 AM

Who will help me if I am helping them? Understanding the use of music therapy to address the growing needs of informal/family caregivers across the lifespan

🕒 9:00 AM - 10:00 AM, Mar 25

📍 Rose

As the number of informal/family caregivers (ICG) continues to rise, come learn about the complex demands ICGs face and the biopsychosocial health effects. Promising music therapy interventions that address ICG health needs across various care receiver populations will be presented along with a paradigm shift on viewing ICGs as patient population.

🗣️ Speaker



Adrienne C. Steiner-Brett, PhD, MT-BC

Music Theory and Therapy: a Refresher of Basic Music Theory skills and their relevance to the practice

🕒 9:00 AM - 10:00 AM, Mar 25

📍 Walker

Music theory is the basic building block for using and creating music to use with clients. It may go unnoticed, but a strong understanding of music theory can amplify the practice of music therapists in all settings! This presentation will cover and refresh basic scales and chords, extended harmony, modes and scale structure, analysis and form, and how these concepts are present in music therapy sessions.

🗨️ Speakers



Reece Jennings, MT-BC



Brianna Henderson, MT-BC



Harry Lester, MMT, LPMT, MT-BC

Vocational Training Through Music Therapy: An Innovative Approach to Employability

🕒 9:00 AM - 10:00 AM, Mar 25

📍 Kelley

Vocational Training Through Music Therapy is an innovative program for teens and young adults with developmental differences that aids learners in increasing their employability. The three modules of the program will be presented: Communication, Executive Functioning and Professionalism, and Skill Integration and Reliability, with experiential examples from each included. Data collection and documentation procedures will be shared.

🗨️ Speakers



Minda Gordon, MT-BC



Josselyn Ruwe, MT-BC



Raley Pope, Music Therapy Intern



Karen Demuth, RN, MBA

Optimizing telehealth for autistic clients: A research Report

🕒 9:00 AM - 10:00 AM, Mar 25

📍 Amphitheater

Telehealth music therapy has become more common, but its efficacy varies widely with autistic clients. A survey and an intervention study found that telehealth music therapy can effectively address therapeutic goals in children on the autism spectrum, particularly when caregivers are involved. A new telehealth screening tool will be shared.

 Speaker



Nicole Richard, MA, MTA, MT-BC

10:15 AM

A Team Approach: Collaborative Research

 10:15 AM - 11:15 AM, Mar 25

 Rose

This presentation is about the formation and continued collaboration of an established research team. The team develops and implements research projects that concern children with disabilities in natural settings and their teachers, parents, and other service providers. Strategies for building collaborative research will be discussed.

 Speakers



Ellary Draper, PhD, MT-BC



Laura Brown, PhD, MT-BC

Self-Reflexivity of the Therapist: Understanding how identity impacts the work

 10:15 AM - 11:15 AM, Mar 25

 Walker

Music therapy multicultural competency requires understanding ways that culture plays a role in our clients' lived experiences and how it influences therapeutic processes. This panel discussion explores personal sociocultural identity, sociocultural awareness, addressing sociocultural locations in clinical settings, and techniques that may be used to establish a culturally sustaining environment.

🗨 Speakers



Gabrielle Banzon, MA, LPMT, MT-BC



Susan Hadley, PhD, MT-BC



Joyu Lee, FAMI, MM, MT-BC



Carly Poloskey, MT-BC



Kei Slaughter, MFA, PLPC, MT-BC



Ezequiel Bautista, MT-BC



Freddy Perkins, MMT, MT-BC



Maryrose Nelson, MT-BC, CD(dona)



Marianela Cordoba, MMT, MT-BC, NMT

Community Based Music Therapy: Supporting and Including Each Other

🕒 10:15 AM - 11:15 AM, Mar 25

📍 Amphitheater

In this presentation and discussion, we will discuss different perspectives of “community” from a macro and micro lens and its relationship to music therapy and music therapists.

🗨 Speakers



Anna Laura McAfee, MMT, MT-BC



Kate Kelly, MT-BC

To be, or not to be? Grad School is the question

🕒 10:15 AM - 11:15 AM, Mar 25

📍 Kelley

Is graduate school in your future? For music therapy or a related profession? How do you differentiate and choose the right program for you? Learn about degree types and questions that may help you find the best fit for your learning needs.

 **Speaker**



Becky Engen, PhD, MT-BC

11:30 AM

State Meetings

 11:30 AM - 12:30 PM, Mar 25

12:30 PM

Lunch

 12:30 PM - 2:00 PM, Mar 25

Internship Fair

 12:30 PM - 2:00 PM, Mar 25

 Ballroom Foyer South

2:00 PM

The UofL MT Clinic Presents: The ABCs of MIDI - Intro to MIDI controllers, beat pads, and synths.

 2:00 PM - 3:00 PM, Mar 25

 Amphitheater

MIDI controllers have been utilized for decades to record and perform, but are not commonplace in therapeutic spaces. Through live demonstration, experiential learning, and case examples, this presentation introduces participants to the use of MIDI controllers and Virtual Studio Instruments within therapy.

 **Speakers**



Andrew Chapman, MT-BC



Chris Millett, MM, MT-BC

Leveraging Cultural Assets of Culturally and Linguistically Diverse Individuals in Music Therapy

 2:00 PM - 3:00 PM, Mar 25

 Rose

This presentation focuses on a qualitative phenomenological thesis exploring how music therapists can engage in cultural humility and leverage cultural assets of those who are culturally and linguistically diverse (CLD). Findings of this study provide practical guidance for music therapists regarding inclusive, culturally sensitive clinical practices with CLD individuals.

 **Speaker**



Emma King, MM, MT-BC

Epistemologies: What are they, and why do they matter in music therapy research?

🕒 2:00 PM - 3:00 PM, Mar 25

📍 Ochs

As the music therapy profession has grown, so too has our research base. Music therapists are engaging in objectivist, constructivist, and subjectivist research. This session will explore the continuum of research epistemologies and how each of these contribute to the robustness of our evidence based practice.

🗣️ Speaker



Melody Schwantes, PhD, MT-BC

Let's Get Down to Business: Student Professionalism

🕒 2:00 PM - 3:00 PM, Mar 25

📍 Walker

While professionalism is expected of students it is not always explicitly taught prior to entering the field. Professionalism is an important skill in student development. The purpose of this presentation is to express the importance of professionalism and provide common professional practices that students can utilize immediately.

🗣️ Speakers



Jessica DeKleva, MM, LPMT, MT-BC



Stephany Nystrand, MM, MT-BC



Lauren Freeman, MT-BC



Nicole Camareno, MM, LPMT, MT-BC

Developing the Perfect Pitch: Growing Community Partnerships that Always Hit the Right Note

🕒 2:00 PM - 3:00 PM, Mar 25

📍 Kelley

Advocacy and program development are necessary skills for the growth of music therapy. The goal of this presentation is to further develop music therapists' ability to explain, present, and demonstrate the effectiveness of music therapy in order to expand services. Presenters will share from their experiences developing successful pitches.

🗣️ Speakers



Ellyn Evans, PhD, LPMT, MT-BC



Jenny Denk, MM, LPMT, MT-BC



Sally Ann Nichols, MM, LPMT, MT-BC

3:15 PM

Effects Processing in Music Therapy

🕒 3:15 PM - 4:15 PM, Mar 25

📍 Ochs

Audio effects are ubiquitous to modern music production. Additionally, researchers have begun seeing benefits of audio effects within the treatment various disorders. Effects can also provide a dimension of musical expression accessible to persons with physical or cognitive limitations. This presentation will cover a scoping review conducted on the topic.

🗣️ Speaker



Robert Stewart, PhD, LPMT, MT-BC, NICU-MT

Music Therapy to Develop and Reinforce Preschoolers' Executive Functioning

🕒 3:15 PM - 4:15 PM, Mar 25

📍 Rose

Many challenging behaviors are rooted in a lack of executive functioning (EF) skills. EF involves a variety of skills, including attention; self-monitoring; persistence; planning and organizing; regulating emotions; and perspective taking. This session will include examples of music therapy interventions used in a research project to address EF skills.

🗣️ Speakers



Andrea Cevalco-Trotter, PhD, MT-BC



Ellary Draper, PhD, MT-BC

Are you ready for it? Music Competencies for Internship

🕒 3:15 PM - 4:15 PM, Mar 25

📍 Amphitheater

Do you feel musically prepared for your internship? Are you struggling with accompanying yourself? Do you want to play music more authentically? This session will help you improve your music skills in preparation for a successful internship audition and experience.

🗨️ Speakers



Sheri Smith, LPMT, MT-BC



Matthew Seymour, MT-BC

The Polyvagal Theory in “Music- CARE”: Re-establishing safety and connection through music

🕒 3:15 PM - 4:15 PM, Mar 25

📍 Kelley

This presentation is designed to help music therapists and music therapy students start developing a framework for using the polyvagal theory in music therapy sessions. The presenter will primarily focus on how to use music INTENTIONALLY to cultivate “CARE” (C: Connection & Communication; A: Awareness; R: Respect; E: Engagement) and examine the IMPACT of the therapeutic relationships through trauma-informed lenses.

🗨️ Speaker



Joyu Lee, FAMI, MM, MT-BC

Students & Social Justice: A Roundtable Discussion

🕒 3:15 PM - 4:15 PM, Mar 25

📍 Walker

Join student and professional music therapists in collaboratively reflecting on a 2022 survey of music therapy students' perspectives on issues of Diversity, Equity and Inclusion conducted in the Southeastern region. Explore current implications for students, educators and professionals, and discuss student engagement in social justice transformation in our field.

🗨️ Speakers



Carly Poloskey, MT-BC



Maryrose Nelson, MT-BC, CD(dona)



Micah Castillo, MT Intern



Rachel Ford, MT Intern



Zoë Arora, Music Therapy Senior

4:30 PM

Awards and Closing

🕒 4:30 PM - 5:30 PM, Mar 25

📍 Ballroom

Sun, Mar 26, 2023